

Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/01/2023																
High School Lunch	Total	4500														
BURRITO,Carnitas-2018#2	Servings	500	434	40	343	7.00	4.01	179.0	209	3.6	*2	25.82	55.29	12.38	3.55	*0.01
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	900	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	500	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
SALAD,CHEF	1 EACH	500	579	173	1467	5.05	4.02	244.0	14294	31.44	*17	30.13	42.99	35.17	9.22	*0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	1	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	734	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	500	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	40	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			758	81	1395	7489.8	4.91	579.6	6891	48.54	*34	41.33	99.95	23.59	5.73	*0.02
% of Calories											*17.9%	21.8%	52.8%	28.0%	6.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/02/2023																
High School Lunch	Total	5000														
Spagh.w/Meat &Noodle-Roll-2020	3/4 CUP	1000	384	47	928	8.21	5.25	97.1	611	10.57	*6	24.46	54.28	9.94	2.97	*0.00
CORNBREAD,LOWFAT,frz egg	1 EACH	1	97	14	136	1.04	0.95	81.8	42	0.16	*4	2.95	19.54	0.71	0.18	*N/A*
Ch-Burger w/White G Bun-2015MS	1 EACH	700	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand, Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	800	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatío salad	1 EACH	800	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
CAKE, CHOC, w brownie frosting	1 EACH	1	329	0	218	2.80	1.42	16.8	280	0.03	*34	3.14	54.28	13.07	1.90	*0.00
CANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Reisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			792	70	1455	6743.8	5.21	521.6	5402	43.38	*41	40.74	112.68	22.25	5.29	*0.02
% of Calories											*20.6%	20.6%	56.9%	25.3%	6.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/03/2023																
High School Lunch	Total	5970														
Crunchers, Cheese Pizza '23	1 EACH	1900	420	30	770	5.00	2.70	300.0	0	0.0	4	20.0	41.0	20.0	8.00	0.50
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand, Spicy-2017	1 EACH	1100	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	800	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1100	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			755	63	1351	5648.4	4.58	549.8	4415	37.12	*34	37.31	101.52	24.06	6.93	*0.18
% of Calories											*18.1%	19.8%	53.8%	28.7%	8.3%	*0.2%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			768	72	1400	6627.3	4.90	550.3	5569	43.01	*36	39.80	104.72	23.30	5.98	*0.07
											*42.5%	20.7%	54.5%	27.3%	7.0%	*0.1%

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Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	768		750 - 850	100%												
Cholesterol (mg)	72															
Sodium (mg)	1400		1420													
Fiber (g)	6627.39															
Iron (mg)	4.90															
Calcium (mg)	550.3															
Vitamin A (IU)	5569															
Sugars (g)	36	18.88%			Missing											
Vitamin C (mg)	43.01															
Protein (g)	39.80	20.72%														
Carbohydrate (g)	104.72	54.51%														
Total Fat (g)	23.30	27.29%	<=30.00%													
Saturated Fat (g)	5.98	7.01%	<10.00%													
Trans Fat ¹ (g)	0.07	0.09%			Missing											

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/06/2023																
High School Lunch	Total	5000														
CHICKEN,ROASTED BOWL-2012	2 OZ	900	374	50	457	5.17	1.93	9.7	186	5.19	*0	19.45	33.3	17.35	4.86	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	700	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Chef Salad 2017	1 EACH	700	496	135	951	4.26	1.64	196.4	1437	8.97	*18	18.15	48.11	27.62	7.15	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			810	82	1300	6743.3	4.65	536.8	5028	43.99	*41	39.60	113.98	23.76	5.83	*0.02
% of Calories											*20.1%	19.6%	56.3%	26.4%	6.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/07/2023																
High School Lunch	Total	5000														
Pozole, Red Turkey'22 SEC	14 oz	600	264	48	1592	3.71	2.71	27.2	1218	3.0	*3	21.76	25.82	7.39	2.75	*0.00
TORTILLA CHIPS-2021	SERVING.	900	280	0	200	6.00	3.60	80.0	200	0.0	*N/A*	4.0	38.0	12.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	1700	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL 2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			765	72	1448	6742.7	5.55	538.2	4304	50.19	*38	41.36	102.61	23.10	5.76	*0.02
% of Calories											*19.8%	21.6%	53.6%	27.2%	6.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/08/2023																
High School Lunch	Total	6000														
PRETZEL DOG 2013 WG	1 EACH	500	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	900	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	1500	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
SALAD, CHEF	1 EACH	1500	579	173	1467	5.05	4.02	244.0	14294	31.44	*17	30.13	42.99	35.17	9.22	*0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	1	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES, FRESH	1 EACH	734	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES, FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF, Season.spirals-2018	SERVING	500	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	40	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			712	95	1426	5618.7	4.68	529.8	7621	41.94	*29	38.54	86.10	25.89	7.04	*0.02
% of Calories											*16.5%	21.7%	48.4%	32.7%	8.9%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Thu - 03/09/2023																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			750-850		1420						0.0%	0.0%	0.0%	<=30.0	<10.00	

Fri - 03/10/2023																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.00	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			750-850		1420						0.0%	0.0%	0.0%	<=30.0	<10.00	

Weighted Average			762	83	1391	6368.2	4.96	534.9	5651	45.37	*36 *42.5%	39.83 20.9%	100.90 52.9%	24.25 28.6%	6.21 7.3%	*0.02 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	762		750 - 850	100%				
Cholesterol (mg)	83							
Sodium (mg)	1391		1420					
Fiber (g)	6368.29							
Iron (mg)	4.96							
Calcium (mg)	534.9							
Vitamin A (IU)	5651							
Sugars (g)	36	18.87%			Missing			
Vitamin C (mg)	45.37							
Protein (g)	39.83	20.90%						
Carbohydrate (g)	100.90	52.95%						
Total Fat (g)	24.25	28.63%	<=30.00%					
Saturated Fat (g)	6.21	7.33%	<10.00%					
Trans Fat' (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Mar 13, 2023 thru Mar 17, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/13/2023																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 03/14/2023																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 03/15/2023																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Thu - 03/16/2023																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Fri - 03/17/2023																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Mar 13, 2023 thru Mar 17, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			750-850		1420						0.0%	0.0%	0.0%	<=30.0	<10.00	

Weighted Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	0		750 - 850	0%		750		Correction Required - Calories are Low
Cholesterol (mg)	0							
Sodium (mg)	0		1420					
Fiber (g)	0.00							
Iron (mg)	0.00							
Calcium (mg)	0.0							
Vitamin A (IU)	0							
Sugars (g)	0							
Vitamin C (mg)	0.00							
Protein (g)	0.00							
Carbohydrate (g)	0.00							
Total Fat (g)	0.00		<=30.00%					
Saturated Fat (g)	0.00		<10.00%					
Trans Fat ¹ (g)	0.00							

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

Generated on: 3/1/2023 10:59:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 03/20/2023																
High School Lunch	Total	5000														
CHEESEBURGER MINIS-2018	SERVING	1000	272	45	355	2.60	2.80	82.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1400	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	700	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			827	77	1456	6743.4	5.32	580.8	5513	43.74	*41	43.71	114.60	23.78	6.25	*0.02
% of Calories											*19.6%	21.1%	55.4%	25.9%	6.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

Generated on: 3/1/2023 10:59:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Tue - 03/21/2023																
High School Lunch	Total	5500														
CHICKEN WINGS,MANGO HABANERO'23	SERVING	900	521	186	1147	0.00	0.54	17.8	0	0.0	0	26.75	28.34	32.7	8.92	0.00
MAC AND CHEESE 2016	1/2 CUP	900	298	50	352	2.13	1.54	359.4	687	0.16	2	15.81	24.55	15.55	9.82	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	700	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Chef Salad 2017	1 EACH	700	496	135	951	4.26	1.64	196.4	1437	8.97	*18	18.15	48.11	27.62	7.15	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			809	105	1353	6129.8	4.25	548.1	4652	39.17	*37	39.78	106.83	26.65	7.57	*0.02
% of Calories											*18.5%	19.7%	52.8%	29.7%	8.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/22/2023																
High School Lunch	Total	5000														
Jambalaya, Chicken '23	Servings	900	336	*75	1105	3.71	2.83	41.1	*570	29.01	*5	17.84	38.38	14.94	2.78	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	800	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatío salad	1 EACH	800	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-MS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			763	*73	1437	6742.6	4.65	511.7	*5243	45.67	*40	38.62	106.45	22.70	5.27	*0.02
% of Calories											*20.9%	20.2%	55.8%	26.8%	6.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Thu - 03/23/2023																
High School Lunch	Total	5000														
TACO Walkin,Beef,- '22	1.5 oz	900	384	32	693	4.42	2.32	75.1	796	6.24	*3	13.78	30.47	22.76	5.23	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	800	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	700	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
YOGURT PARFAIT W/ GRANO	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
LA 2020																
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			816	68	1370	6743.4	5.01	553.2	5505	46.85	*39	38.52	116.27	24.03	5.55	*0.02
% of Calories											*19.3%	18.9%	57.0%	26.5%	6.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/24/2023																
High School Lunch	Total	5500														
Nacho Delx W/ 3bnCHILI, chz2023	SERVING	1000	510	46	770	9.22	5.36	326.3	873	6.06	*0	19.34	48.89	24.73	9.15	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatío salad	1 EACH	900	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
CAKE, CHOC, w brownie frosting	1 EACH	1	329	0	218	2.80	1.42	16.8	280	0.03	*34	3.14	54.28	13.07	1.90	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season, spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Refuels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			781	68	1362	6131.3	5.07	530.9	5189	39.43	*36	38.16	105.55	24.40	6.34	*0.02
% of Calories											*18.7%	19.6%	54.1%	28.1%	7.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			799	*79	1395	6498.1	4.86	545.0	*5221	42.97	*39	39.76	109.94	24.31	6.20	*0.02
											*43.6%	19.9%	55.0%	27.4%	7.0%	*0.0%

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg)	Calcium (mg) Overage	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	799		750 - 850	100%													
Cholesterol (mg)	79					Missing											
Sodium (mg)	1395		1420														
Fiber (g)	6498.16																
Iron (mg)	4.86																
Calcium (mg)	545.0																
Vitamin A (IU)	5221					Missing											
Sugars (g)	39	19.38%				Missing											
Vitamin C (mg)	42.97																
Protein (g)	39.76	19.90%															
Carbohydrate (g)	109.94	55.03%															
Total Fat (g)	24.31	27.38%															
Saturated Fat (g)	6.20	6.98%															
Trans Fat ¹ (g)	0.02	0.02%				Missing											

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 03/27/2023																
High School Lunch	Total	5000														
QUESADILLA, Spicy, Chicken 2020	1 EACH	1900	454	91	927	3.00	1.88	563.3	594	4.25	*2	29.52	30.8	23.05	12.29	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	800	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES, FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF, Season. spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Peisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			827	95	1507	6741.9	5.02	701.1	4426	50.79	*38	46.76	104.22	26.74	8.80	*0.02
% of Calories											*18.4%	22.6%	50.4%	29.1%	9.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/28/2023																
High School Lunch	Total	6000														
CHICKEN WINGS,MANGO HAB	SERVING	1900	521	186	1147	0.00	0.54	17.8	0	0.0	0	26.75	28.34	32.7	8.92	0.00
ANERO'23																
MAC AND CHEESE 2016	1/2 CUP	1900	298	50	352	2.13	1.54	359.4	687	0.16	2	15.81	24.55	15.55	9.82	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	800	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			805	124	1436	5618.0	4.25	525.3	3718	41.03	*32	43.09	93.85	30.26	9.38	*0.02
% of Calories											*15.8%	21.4%	46.6%	33.8%	10.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/29/2023																
High School Lunch	Total	4000														
Bowl, Chicken, Kung Pao 2014	1 EACH	1000	354	64	885	6.00	9.00	0.0	739	12.16	10	26.26	50.92	4.34	1.45	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken-Sand, Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, Teriyaki, Fried R.2017	serving	600	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	600	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	600	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES, FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF, Season.spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			788	77	1437	8426.2	6.75	579.5	4657	61.19	*48	44.88	113.62	19.52	4.77	*0.03
% of Calories											*24.5%	22.8%	57.7%	22.3%	5.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/30/2023																
High School Lunch	Total	5500														
ENCHILADA, GREEN CHICKEN -2012	6.25 OUN CE	1000	421	52	1039	6.08	3.11	213.8	267	8.89	*3	21.01	55.56	13.7	3.65	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand, Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	600	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	600	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Salad, Asian Chicken 2017	1 EA	600	708	45	875	19.74	4.52	254.5	3270	307.33	*55	24.04	114.2	19.23	3.59	*0.00
FRUIT CUP, FRESH 2012	SERVING	1	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
VEGGIE CUP, FRESH	SERVING	1	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES, FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			637	54	1132	6130.0	4.06	464.8	3115	69.53	*36	32.40	93.70	16.87	3.76	*0.02
% of Calories											*22.8%	20.3%	58.8%	23.8%	5.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/31/2023																
High School Lunch	Total	5000														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
Sweet Potato Wedges#2	SERVING (1/2c.)	1000	150	0	10	3.00	0.36	20.0	3900	7.2	*N/A*	2.0	24.0	5.0	0.50	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatío salad	1 EACH	900	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
CAKE, CHOC, w brownie frosting	1 EACH	1	329	0	218	2.80	1.42	16.8	280	0.03	*34	3.14	54.28	13.07	1.90	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío,2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			829	77	1404	6743.8	4.86	534.8	6314	43.60	*40	42.11	115.73	23.89	5.35	*0.02
% of Calories											*19.3%	20.3%	55.9%	25.9%	5.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			777	85	1383	6732.0	4.99	561.1	4446	53.23	*39	41.85	104.22	23.46	6.41	*0.02
											*45.0%	21.5%	53.6%	27.2%	7.4%	*0.0%

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	777		750 - 850	100%												
Cholesterol (mg)	85															
Sodium (mg)	1383		1420													
Fiber (g)	6732.00															
Iron (mg)	4.99															
Calcium (mg)	561.1															
Vitamin A (IU)	4446															
Sugars (g)	39	20.02%			Missing											
Vitamin C (mg)	53.23															
Protein (g)	41.85	21.54%														
Carbohydrate (g)	104.22	53.64%														
Total Fat (g)	23.46	27.16%	<=30.00%													
Saturated Fat (g)	6.41	7.42%	<10.00%													
Trans Fat ¹ (g)	0.02	0.02%			Missing											

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.